



K-Kids MEMBER GUIDE

MEMBER NAME

Kiwanis
K-Kids[®]
Young Leaders Helping Others

Who we are

K-Kids is a service leadership club for primary/elementary school students. You'll be with students just like you — kids who want to have fun, help others and make your school and community better!

In your club, you'll learn more about yourself. You'll gain important skills, like teamwork and how to help others feel like they belong. You'll also learn about places and people in your community. Then your club will decide how to help and plan service projects that make a difference. Welcome to K-Kids and thank you for being your best self!

MOTTO

Young leaders helping others.

MISSION

K-Kids is a global student-led program that provides members with learning and experiences to build character, improve communities and gain leadership skills through service.

PLEDGE

As a K-Kid, I promise to serve others and to make the world a better place for all.

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CORE VALUES

Leadership: The ability to listen, communicate, serve and guide others.

Service: Helping to improve the community and world.

Learning: Building skills and gaining knowledge.

Inclusiveness: Accepting and welcoming differences in other people.

Character: The ability to do the right thing, even when it might be an unpopular choice.

IDEA: The four steps of high-impact service

Service is the biggest part of being a K-Kid. By doing service, you will make a big difference in your school and your community. You will help others and make their lives better. You will also learn more about yourself as a leader!

There are ways to do service really well. Your K-Kids club has the four steps of high-impact service — to help you make a bigger difference! These four steps of service are called IDEA.



Identify the Need

First, find out the real needs of your school and community. Then choose a need for your service project.



Develop the Understanding

Do research to learn about the need and discover places and groups in your community who can be a partner for your service project.



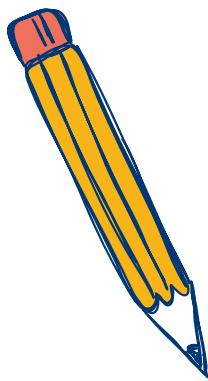
Execute the Plan

Create and carry out a plan and complete your service project.



Aim for Impact

After your project is over, think about what your club accomplished. Also think about what you learned and what you would do differently next time. Share the story with others and thank those who helped!



You'll learn to do IDEA as you complete the activities in your *K-Kids Member Guide* and participate in *K-Kids Service Guide* activities led by your club officers. Enjoy your journey!



About me

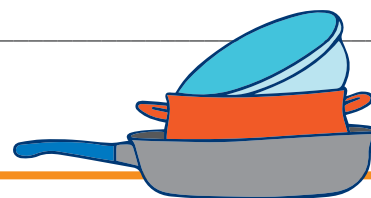
MY TALENTS AND INTERESTS

Stop and think about your talents. Also think about things you know, and how they will help your club and community. Share what you're good at here! Each year, you grow and learn new things and get better at things! So, right now, who are you?



My talents and things I know:

My interests:



friendly ORGANIZER **PROBLEM-SOLVER** *strong*
TECH-SAVVY LISTENER *patient* ATHLETE
SPEAKER *kind* WRITER *funny* ORGANIZER ARTIST

SETTING AND ACHIEVING GOALS

Goals give you direction! Having goals and working to reach them is how you keep growing. There is space below to write three goals you have this year. It's important to check your progress during the year. At the end of the year, come back to this page to record how you did!

Circle one or more areas in your life that you want to set goals for this year.

personal friends family club school

Now create goals for the areas you chose!

Make sure you can answer two questions about each goal:

1. What do I want to accomplish?
2. When do I want to accomplish it?

Here are three goal examples:

1. I will read a book each week and keep a list of all books I read this year.
2. I will spend time with my siblings doing things we like each week.
3. I will use my writing talent in club projects two or more times this year.

As you think about your goals for different areas of your life, think of goals that would be good for your entire club. Share them when your club creates goals at the beginning of the year.



beginning of the year | MY THREE GOALS FOR THIS YEAR:

1.	2.	3.
----	----	----

at the end of the year | WHAT I DID TO MEET MY GOALS THIS YEAR:

1.	2.	3.
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Identify the need

There are many issues and needs your club could work on! The first step in high-impact service is to learn about the important needs in your school and in your community. Do research to find programs and organizations that help with these needs. Do a **needs inventory** — that's a complete list of your community's needs. Then **map your community** so you can find out how your club can make a real difference!

CREATING A NEEDS INVENTORY

CATEGORIES OF COMMUNITY NEEDS:

- Animals.
- Bullying.
- The environment.
- People with disabilities.
- Education & literacy.
- Elderly care.
- Health & wellness.
- Hunger & homelessness.
- Kindness.
- Including others.
- Equal rights for all.

Do research and find out about needs and issues.

Students and teachers shared these needs and issues they observed or experienced in our school:

My family shared these needs and issues they observed or experienced in our local community:

I found these needs and issues on websites of local newspapers and news stations:

tip

This is part of the "Mapping My Community" activity in the *K-Kids Service Guide*. Work with your advisor or club officers to create a list of places in your community. Then use the lists to create a Community Map. That's a drawing of places across your town, city or area. It can be useful all year long as your club plans different service projects!



MAPPING MY COMMUNITY

For some of the needs and issues you discovered, your community already has groups and people that help. Do more research and make a list of places and people that are doing good things.

Our school's programs that help kids and families:

Important community organizations that help people:

Schools and libraries:

Hospitals and assisted living homes:

Public places and parks:

There are different kinds of communities! As a club, agree on a definition for "community" and discuss the different communities that your club will serve.

As your club looks into your community's needs, explore the "Needs and Causes" K-Kids Meeting Kit at kkids.org/meeting-kits. The kits contain information about a topic and step-by-step agendas for officers to lead meetings. There are also kits for "Club Operations" and "Service."



Develop the understanding



tip

Use your notes about service ideas when your club discusses or votes on which idea to choose for a club project.

INTERVIEWING AN EXPERT

After your club creates a Community Map and chooses a need to focus on, it is time to interview an expert! Your club advisor or officers will invite a guest speaker from one of the groups to speak to your club.

Prepare for the speaker's visit by creating questions to ask. Questions should help your club understand the need and learn ideas for service projects.

Write your questions here:

1. _____

2. _____

3. _____



NOTE-TAKING

During the guest speaker's visit, take notes.

Something I learned about the speaker: _____

Something important I learned about the organization or community group:

Ideas for service projects the speaker shared: _____

The service project idea I like most: _____



WAYS TO DO SERVICE

Before your club starts to plan a service project, it is important to decide **how** you'll do service. Watch the video at kkids.org/WaysToDoService to learn about these **four ways to do service**:

Hands-on service: Being directly involved in helping people, animals or the environment.

Advocacy: Educating people about a cause and asking them to support it.

Fundraising: Asking for and gathering money for a cause or purpose.

Donating: Asking for and gathering items for a cause or purpose.



Execute the plan

DETAILS OF OUR SERVICE PROJECT PLAN!

Fill out this section after your club has decided all details about the upcoming service project. Use a pencil so you can erase and change the information for each new service project.

The need or issue our club's service project will help:

The way we will do service is:

Hands-on service Advocacy Fundraising Donating

What we are calling our service project:

How much time the project will take:

Important dates:

How we are telling people at our school or in the community about the project:

tip

Remember important event dates and deadlines for service projects. Write them in your calendar at the end of this guide!

PLANNING



PUTTING MY TALENTS INTO ACTION!

In the first column below, list the tasks that your club needs to complete during the service project. Then look at the talents and interests you wrote on page 2. Think about how YOU can use what you are good at to help with each project task.

In the second column below, write how you can help by using your talents or what you know. Write it across from the task it will help with.



example

SERVICE PROJECT:

Your club holds a book drive for a children's hospital.

TASK:

Sorting books by age and removing books for adults.

TALENT:

I'm good at organizing!

plan

tasks Things our club needs to complete for our project:

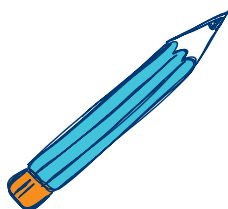
talents Things I can do that help with the task:

Aim for impact

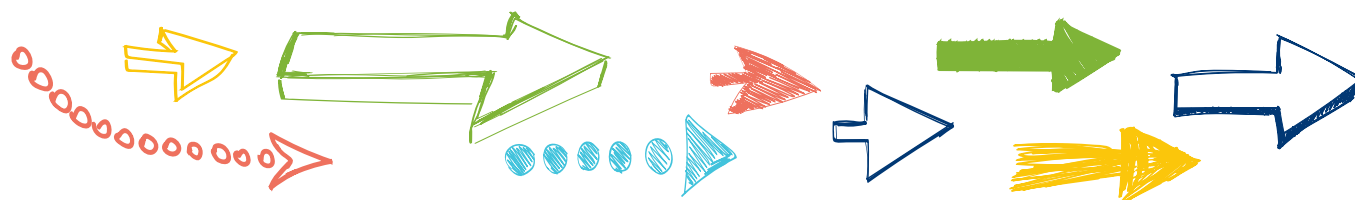
THINKING ABOUT THE RESULTS OF YOUR CLUB'S SERVICE!

Write about what your club did for your community during your service project. Also write about what you learned from doing the project. Use pencil so you can erase and write your thoughts about the next service project.



Share the results!

Create a collage, drawing, video or piece of writing that shows what you learned and how your club helped in your service project. Share it with family. Display it on the club bulletin board. Or create a group presentation to show at a student assembly or Kiwanis club meeting. Ask your faculty advisor or Kiwanis advisor to share the results with the local news station, with your sponsoring Kiwanis club and on social media (and share with Kiwanis International by adding #kiwaniskids)!



REFLECTING ON YOUR YEAR

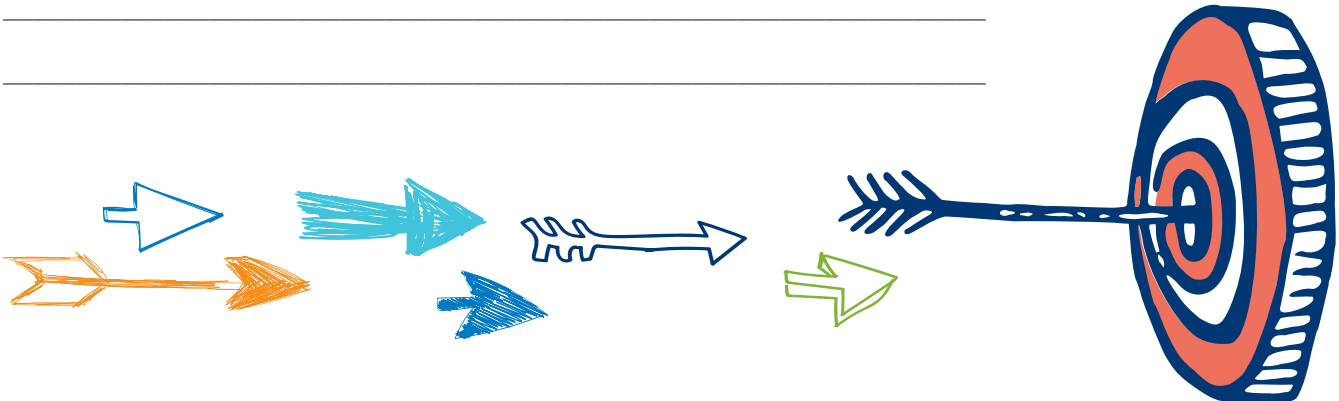
What is something new you want **to start** next year?



What is something you want **to stop** doing next year?



What is something you did well that you want **to continue** doing next year?



My calendar for the K-Kids year

I will keep important dates, activities and tasks for K-Kids in my calendar. I can remember important events, project tasks and service hours I completed by writing them in my calendar.



September

October



November

December

January

February



March

April

May

June

School Break



My total service hours this year: _____

*It's cool to
move up a grade
to a new school.
But I'll miss
K-Kids.*

*Our new
school may have
a Builders Club!*

*Let's check
it out at
buildersclub.org.*



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U.S. and Canada: 1-800-KIWANIS, ext. 411

**YOUTH PROTECTION HELPLINE:
866-607-SAFE (7233)**

Kiwaniis cares about you. We want to help you stay safe. Kiwanis International has a phone number to call if you feel unsafe as a K-Kids club member. The helpline is answered 24 hours a day and it's private. It can also be used by people who are important to you — your parents or family, club members, club advisors, Kiwanis members and anyone who thinks a youth involved in K-Kids is at risk. The helpline is answered by our partners at Praesidium, one of the leading safety experts in the United States.