Pat on the Back

This activity will allow members to:

- Celebrate the club's accomplishments.
- Reflect on each member's successes and strengths.
- Increase confidence and team-building skills.

Materials needed:

- Treats for the whole club
- A large poster (with an illustrated hand on it)
- One sheet of blank paper for each member
- Markers

How to lead this activity:

Give members a chance to recognize one another for a job well done!

- 1. Before the club meeting, club officers, with the guidance of advisors, should discuss how to use the next club meeting to celebrate the completion of a service project. Here are a few examples to get you started:
 - a. Bring in treats for the whole club.
 - b. Have fun music playing as everyone enters the room.
 - c. Post pictures from the service project around the club meeting room or create a fun slide show of the photographs.
 - d. Create posters that thank members and celebrate the club's accomplishments.
- 2. Club officers should hang a large poster with a hand illustration on it at the front of the room where everyone can see.
- 3. Begin the club meeting by letting members know today is a big celebration for completing an excellent service project.
- 4. Ask each member to share his/her opinion of the club's biggest achievement. The club secretary should write the responses inside the "hand" on the poster.



- 5. After everyone has had a chance to share, explain that all of these accomplishments were possible because of each member's contribution.
- 6. Give each member a blank piece of paper.
- 7. Ask each member to trace his/her hand on the paper.
- 8. When everyone is finished, club officers should help members tape their "hand" to their back.
- 9. When everyone is ready, ask members to go around the room and write something positive that each person has done for the club on their "hand."
- 10. When everyone has written on each member's hand, ask members to remove the hand from their back and take turns reading all the comments.
- 11. Congratulate the club on working together to execute the service project. Ask the club to give each other a hand to thank them for their time and participation.

