Goal planner form

The Terrific Kids goal planner form was designed to be a simple resource for keeping your students on track. Download extras at terrifickids.org

Kiwanis 3636 Woodview Trace • Indianapolis, IN 46268 +1-317-875-8755 • terrifickids.org

d this action help you achieve your goal? TYES TNO

Did this action help you achieve your goal? **YES NO**

Did this action help you achieve your goal? **YES NO**

Kiwanis TERRIFIC KIDS GOAL PLANKER

MY ACTION

Kiwanis TERRIFIC KIDS * X FACILITATOR

GISLP-1018-421



WHAT IS TERRIFIC KIDS?

Terrific Kids is a character-building program that recognizes students for modifying their behavior. It provides teachers and facilitators with a tool to redirect negative student behavior while empowering and motivating kids. For kids without behavior issues, this program can help improve important skills.

How does it help students?

Terrific Kids encourages kids to become the best version of themselves. Participants determine what being terrific means to them and then develop their own goals. The program works because kids:

- Concentrate on themselves rather than competing with other students.
- Decide what behavior they want to change.
- Learn how to set and achieve goals.
- · Gain confidence from peer mentoring.
- Become accountable and learn to problem-solve.



How does Terrific Kids work?

Students create goals. Then they meet with you to go over their goals. We suggest they write SMART (Specific, Measurable, Attainable, Realistic and Time-bound) goals so they can see their progress quickly. You then decide how to track their goals. You can use the simple form provided on the back of this brochure and set aside time to check in with them as often as you feel necessary — or use your sponsor to help with check-ins.

Tasks:

- 1. Decide how you want to check on goal progress. Peer mentoring can help kids hold themselves accountable. A goal buddy can be assigned to help keep students on track each week. Goal buddies can change weekly or remain the same throughout the grading or designated period.
- 2. Determine how you want the goal buddy system to work. When participants achieve their goals, they are honored for being a Terrific Kid with a recognition celebration. The sponsor, typically a Kiwanis club, may provide pizza or some other food for the classroom and/or hand out Terrific Kids certificates — or a small prize to kids who have achieved their goals.
- 3. Determine the celebration type and time. Have a discussion with the teacher and the program sponsor to reach agreement on what works best for everyone's schedule and expectations.

Sponsors

As facilitator, you should meet with the sponsor before you start the program. Some sponsors are willing to be highly involved, so discuss the options ahead of time. For instance, sponsors can:

- Explain the program to the classroom.
- Help kids work on creating their weekly goals.
- Meet with kids each week.
- Honor kids with certificates at the recognition celebration.
- Pay for pizza or some other treat at the recognition celebration.

Tasks:

- 1. Decide how you wish to use your sponsors.
- 2. Exchange contact information with your sponsor.
- 3. Make sure your sponsor is aware of any food allergies in your classroom



