

Kiwanis®  
**TERRIFIC KIDS** ★ ★

# FACILITATOR GUIDE



# WHAT IS TERRIFIC KIDS?

Terrific Kids is a character-building program that recognizes students for making positive choices. It provides teachers and facilitators with a tool to empower and motivate kids and helps them build important skills.

## How does it help students?

Terrific Kids encourages kids to become the best version of themselves. Participants determine what being terrific means to them and then develop their own goals. The program works because kids:

- Concentrate on themselves rather than competing with other students.
- Decide what behavior they want to change.
- Learn how to set and achieve goals.
- Gain confidence from peer mentoring.
- Become accountable and learn to solve problems.







## How does Terrific Kids work?

Students create goals. Then they meet with you to go over their goals. We suggest they write SMART (Specific, Measurable, Attainable, Realistic and Time-bound) goals so they can see their progress quickly. You then decide how to track their goals. You can use the simple form provided on the back of this brochure and set aside time to check in with them as often as you feel necessary — or use your sponsor to help with check-ins.

### Tasks:

#### 1. Decide how you want to check on goal progress.

Peer mentoring can help kids hold themselves accountable. A goal buddy can be assigned to help keep students on track each week. Goal buddies can change weekly or remain the same throughout the grading or designated period.

#### 2. Determine how you want the goal buddy system to work.

When participants achieve their goals, they are honored for being a Terrific Kid with a recognition celebration. The sponsor, typically a Kiwanis club, may provide pizza or some other food for the classroom and/or hand out Terrific Kids certificates — or a small prize to kids who have achieved their goals.

#### 3. Determine the celebration type and time.

Have a discussion with the teacher and the program sponsor to reach agreement on what works best for everyone's schedule and expectations.

## Sponsors

As facilitator, you should decide how you wish to use your sponsors. Exchange contact information and meet with them before you start the program. Be sure they know what training or background checks are required before volunteering with your students. Also, share information about your students, including any food allergies or food policies.

Some sponsors are willing to be highly involved, so discuss the options ahead of time. For instance, sponsors can:

- Explain the program to the classroom.
- Help kids work on creating their weekly goals.
- Meet with kids to check in on their progress.
- Honor kids with certificates at the recognition celebration.
- Pay for pizza or a treat at the recognition celebration. Make sure your sponsor is aware of any food allergies in your classroom.



## Goal planner form

The Terrific Kids goal planner form was designed to be a simple resource for keeping your students on track. Download extras at [kkids.org/terrifickids](http://kkids.org/terrifickids).

**Kiwanis**  
**TERRIFIC KIDS** NAME \_\_\_\_\_  
**GOAL PLANNER**

**MY GOAL**

**MY ACTION**

1. \_\_\_\_\_  
Did this action help you achieve your goal? ☐ YES ☐ NO

2. \_\_\_\_\_  
Did this action help you achieve your goal? ☐ YES ☐ NO

3. \_\_\_\_\_  
Did this action help you achieve your goal? ☐ YES ☐ NO

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Download more goal planners at [kkids.org/terrifickids](http://kkids.org/terrifickids).



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