



Setting goals

Kiwanis
International



Setting smart goals



Specific
Measurable
Attainable
Realistic
Time-oriented

When setting goals talk to the students about two things:

1. Students should select a goal that helps them **master a specific character trait**.
2. Students should select a goal that is a SMART goal.

SMART is an acronym for:

S pecific
M easurable
A ttainable
R ealistic
T ime-Oriented

When students set goals ask them to review the Terrific kids character traits and think about a behavior they can alter that includes mastering a specific character trait.



Goal examples

- I will raise my hand during class discussion when I want to make a comment and will not blurt out my thoughts. **(Respect)**
- I will return my reading book to the shelf after reading my assigned chapters. **(Capable)**
- I will clean my desk after participating in art class. **(Capable)**
- I will not tease or make fun of other people.
(Thoughtful)

Remember to review the Terrific Kids character traits and select a goal which is associated with improving or learning one of the Terrific Kids character traits.

Here are examples of goals other students selected when participating in Terrific Kids:

- I will raise my hand during class discussion when I want to make a comment and will not blurt out my thoughts.
- I will return my reading book to the shelf after reading my assigned chapters.
- I will clean my desk after participating in art class.



Honoring students

Select one goal for each grading period.



Honor recipients at the end of the year as one big group.

The goal is to honor all students participating in the program.



Select **one goal** for **each grading period**.

Students can continue to establish goals for the following grading periods and can be honored more than once.

Honor recipients at the end of the year.

The goal is to honor all students in the class as Terrific Kids.



Set goals



Provide each student with a post-it note.

Ask each student to write his/her name and goal on the paper.

Provide each student with a sheet of paper or post-it note.

Ask each student to write his/her goal on the sheet of paper.

Collect the papers after students have finished.

Post the papers on the chalk board at the front of the room.



Post goals

Post goals at the front of the classroom.

Group like goals together.

Note similarities in goals.

Encourage students to help one another
with achieving goals.



Working with the students to establish goals. The teacher can work individually with each student to discuss possible goals, but this method is a great way to encourage students to work together.

You might even want to separate students into groups and let them work together on selecting goals.

Posting goals in the front of the room where everyone can see will help students see that everyone has similar challenges and needs help to accomplish goals. This exercise encourages students in the classroom to work together.



Thank you!