Ice Breakers

**Telephone – (A Communication Builder)**

Remember the old telephone game? Ask the group to form a line. Whisper a phrase into the first person’s ear. This person then whispers into the next person’s ear and so on until the message reaches the end of the line.

Ask the person at the end of the line to repeat the message.

Chances are that the message will be very garbled and not at all close to the original message.

This activity helps members realize the importance of receiving a message firsthand and the need to verify second hand information. Critical details can get lost along the way.

**Bet You Didn’t Know! – (A Friendship Builder)**

This game will help club members learn about one another. Distribute small pieces of paper. Ask each club member to write three fun things about themselves that no one else would know. Here are examples of things club members might write down: I play guitar. I like to sew. My favorite cartoon character is Scooby Doo.

Everyone folds their piece of paper and places it in a basket. One person collects all the paper and shuffles the folded pieces so they are out of order. Someone is asked to pick a sheet of paper and read what is written. The rest of the group must then guess who wrote the information.

This is a great icebreaker. It helps students learn interesting things about one another.

**The Triangle Exercise – (A Team Builder)**

Divide students into groups of three. Give each group a piece of paper and each person in the group a pencil.

Instruct the students to draw triangles. The catch is that each person in the group must draw one line of the triangle, and they must take turns drawing these lines. Allow the groups of three to begin by drawing triangles within a 60-second time period. Begin timing the groups and let them draw. After 60 seconds, find out how many triangles each group drew.

Instruct students that this time they should draw as many triangles as possible within the 60 seconds using the same method, but they have 60 seconds to first discuss how they will draw
their triangles. Allow the groups 60 seconds of discussion time. Then begin the second exercise. At the end of the exercise, ask each group to share their drawing process and how many triangles they have drawn. The group with the most triangles receives a prize.

This exercise helps students learn how to work together as a team.

**Name Tags**

After participants have filled out their nametags, direct them to introduce themselves to someone in the group whom they do not know. Tell them to exchange information about themselves for two minutes.

When time is called, ask participants to exchange nametags with their partners they then go on to meet another participant and discuss only the person whose nametag they are wearing.

Again, when time is called, the participants switch nametags and find others to visit, talking only about the person whose name tag they are wearing, as before.

Continue this for several rounds, depending upon the time available. At the conclusion, ask participants to retrieve their own nametag.

**Hum-Dinger**

Decide how many groups of participants you want to use, then select that many common, popular songs. Prepare strips of paper with the title of a song for each participant. If five is a good size for each group, for example, make 10 strips that say “Three Blind Mice,” and 10 that say “Jingle Bells,” “Home on the Range,” “Happy Birthday,” and so forth.

Tell them, “There is a great deal of talent and skill in this room. We are here to explore some of this talent. Each of you will be given a piece of paper on which is written the title of a common song. Please look at the title, but don’t share it with anyone else. When I say go, please wander around the room humming your tune until you find all of the other members of your group with the same song.”

When the small groups have been formed, they can take turns singing their song for the whole group.