The courage to engage

When you work and serve with others, you have the courage to engage. It’s that simple! You find ways to invite others to participate. As a K-Kids member, you have a lot of ways to engage other people.

At club meetings
Get to know your club members. Try an “icebreaker” activity like the Question Ball. Your advisor will provide a large beach ball that has numbers written on it. You and your club members will stand in a circle and throw the ball to each other. Whoever catches it says the number that’s under his or her right thumb. Your advisor will have a question for each number on the ball. As members answer the questions, they learn about each other.

Want more ideas? Check out kkids.org/icebreakers

During project planning
Before you start working with club members to plan service projects, remember these tips. They will help you gain the confidence to connect better with others.

Believe in yourself. Every member has a role to play in every project, including you!

Know your strengths. What are you good at? What do you like doing? Think about how you can use your strengths to help.

Take risks. Got a crazy idea? Share it. If you don’t, you’ll never know how far you can go.

Ask for help. It’s a group project, so you can’t do it alone. Let club members and advisors know when you need a hand.

While volunteering
At a service project or fundraising event, remember the following tips. These will help make you and others comfortable. You can even practice before the event!

Smile
Make eye contact
Listen
Say thank you
Tell people what you love about K-Kids

Involve other Kiwanis family members
As a K-Kids member, you’re a part of the Kiwanis family. Kiwanis-family clubs are all over the world. Find out about each one. Visit their websites. Invite Kiwanis family clubs in your area to help with a service project. Ask your Kiwanis advisor how to do this. Write down how you reached out so you’ll know for future projects.

Middle school: Builders Club / buildersclub.org
High School: Key Club / keyclub.org
College/university: Circle K / circlek.org
Adults with disabilities: Aktion Club / aktionclub.org
Adults: Kiwanis / kiwanis.org