

# The courage to engage

When you work and serve with others, you have the courage to engage. It's that simple! You find ways to invite others to participate. As a K-Kids member, you have a lot of ways to engage other people.

## At club meetings

Get to know your club members. Try an "icebreaker" activity like the Question Ball. Your advisor will provide a large beach ball that has numbers written on it. You and your club members will stand in a circle and throw the ball to each other. Whoever catches it says the number that's under his or her right thumb. Your advisor will have a question for each number on the ball. As members answer the questions, they learn about each other.

**Want more ideas? Check out [kkids.org/icebreakers](http://kkids.org/icebreakers)**



## During project planning

Before you start working with club members to plan service projects, remember these tips. They will help you gain the confidence to connect better with others.

**Believe in yourself.** Every member has a role to play in every project, including you!

**Know your strengths.** What are you good at? What do you like doing? Think about how you can use your strengths to help.

**Take risks.** Got a crazy idea? Share it. If you don't, you'll never know how far you can go.

**Ask for help.** It's a group project, so you can't do it alone. Let club members and advisors know when you need a hand.

## While volunteering

At a service project or fundraising event, remember the following tips. These will help make you and others comfortable. You can even practice before the event!

**Smile**

**Make eye contact**

**Listen**

**Say thank you**

**Tell people what you love about K-Kids**

## Involve other Kiwanis family members

As a K-Kids member, you're a part of the Kiwanis family. Kiwanis-family clubs are all over the world. Find out about each one. Visit their websites. Invite Kiwanis family clubs in your area to help with a service project. Ask your Kiwanis advisor how to do this. Write down how you reached out so you'll know for future projects.

**Middle school:** Builders Club / [buildersclub.org](http://buildersclub.org)

**High School:** Key Club / [keyclub.org](http://keyclub.org)

**College/university:** Circle K / [circlek.org](http://circlek.org)

**Adults with disabilities:** Aktion Club / [aktionclub.org](http://aktionclub.org)

**Adults:** Kiwanis / [kiwanis.org](http://kiwanis.org)