Pat on the Back

This activity will allow members to:

- Celebrate the club’s accomplishments.
- Reflect on each member’s successes and strengths.
- Increase confidence and team-building skills.

Materials needed:

- Treats for the whole club
- A large poster (with an illustrated hand on it)
- One sheet of blank paper for each member
- Markers

How to lead this activity:

Give members a chance to recognize one another for a job well done!

1. Before the club meeting, club officers, with the guidance of advisors, should discuss how to use the next club meeting to celebrate the completion of a service project. Here are a few examples to get you started:
   a. Bring in treats for the whole club.
   b. Have fun music playing as everyone enters the room.
   c. Post pictures from the service project around the club meeting room or create a fun slide show of the photographs.
   d. Create posters that thank members and celebrate the club’s accomplishments.

2. Club officers should hang a large poster with a hand illustration on it at the front of the room where everyone can see.

3. Begin the club meeting by letting members know today is a big celebration for completing an excellent service project.

4. Ask each member to share his/her opinion of the club’s biggest achievement. The club secretary should write the responses inside the “hand” on the poster.
5. After everyone has had a chance to share, explain that all of these accomplishments were possible because of each member’s contribution.

6. Give each member a blank piece of paper.

7. Ask each member to trace his/her hand on the paper.

8. When everyone is finished, club officers should help members tape their “hand” to their back.

9. When everyone is ready, ask members to go around the room and write something positive that each person has done for the club on their “hand.”

10. When everyone has written on each member’s hand, ask members to remove the hand from their back and take turns reading all the comments.

11. Congratulate the club on working together to execute the service project. Ask the club to give each other a hand to thank them for their time and participation.