

SMART GOALS

S pecific

M easurable

A ttainable

R ealistic

T ime-oriented

Ask the group to look-up the definition of each one of these words. The group should learn the importance of establishing SMART goals.

Ask the group to write smart goals for the first grading period. This means by the end of the grading period the identified goal should be accomplished.

Discuss why it is important to set goals.