



Encouraging peer mentoring.

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Help students succeed.

Help Bring Up Grades participants succeed through peer mentoring.

Set smart goals

Students learn about **SMART** goals.

Specific
Manageable
Achievable
Realistic
Truthful & Timely

First, educate participants about SMART goals.

When setting a goal make sure it's a SMART goal.

SMART is an acronym.

Specific
Measurable
Attainable
Realistic
Time-Oriented

Set academic goals

Academic goal:

I want to improve my math grade by bringing it up from a C to a B.

After explaining what a SMART goal is talk about academic goals. Encourage students to identify what they want to accomplish and then create a plan – this is an example of working toward a goal.

The goal stated above is an academic goal. The student expresses an interest in raising a grade from a C to a B.

Other goals

I'll study before I play outside.

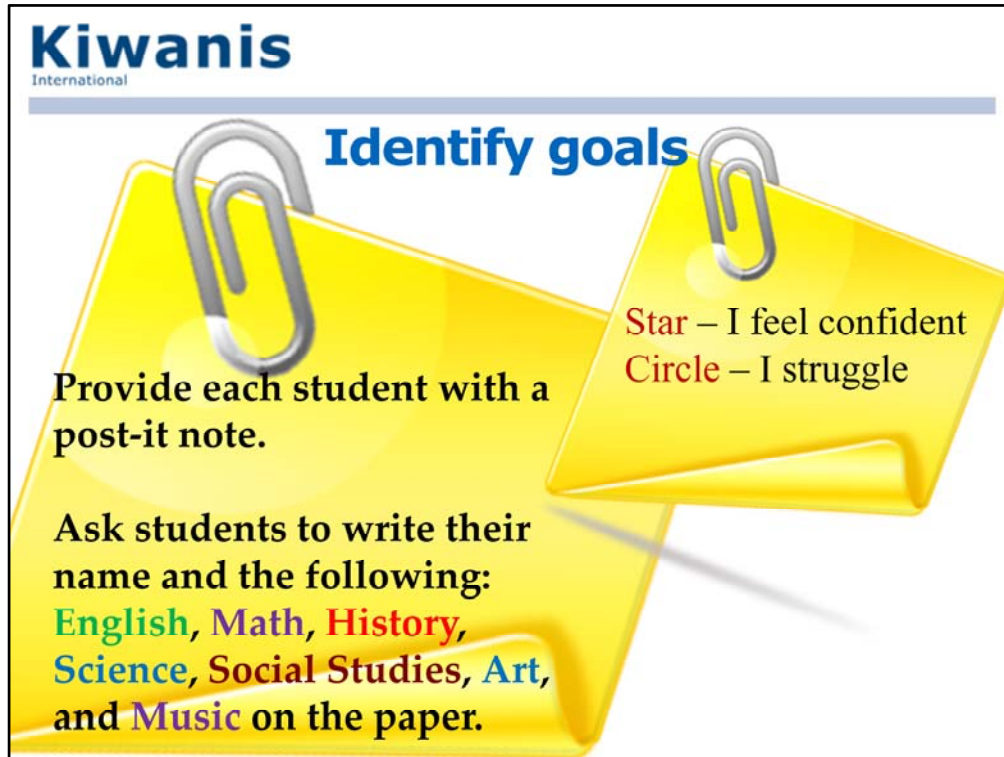
I'll review each subject daily.

I'll meet with my math teacher.

I will go to bed 1 hour earlier and study before school.

In combination with the goal of raising a grade students are asked to focus on other goals that will help them with their progress. Here are examples of goals that will help students raise grades.

These are goals that can be established in order to reach the goal of raising a grade.



Here's an interesting way to help students set goals. This method will also help students learn to mentor one another.

Needed materials: pencil & post-it paper

- Ask each student to write his/her name at the top of the paper.
- Ask students to write school subjects on the paper: English, Math, History, Science, Social Studies, Art, Music, etc.
- Ask students to draw a star beside each subject area in which they feel confident .
- Now ask students to circle each subject area in which they feel unsure.

Post goals

Post the papers at the front of the classroom.

Ask students to make a note of who is strong in an area where they are not. This is the go-to person when needing help in this subject.



- Ask students to post their papers on the chalk board in front of the class.

- Take this opportunity to note that everyone has a subject area that they do not excel in as well as areas in which they do not feel confident.

- Now ask students to make note of who is strong in an area where they are not. This could be a go-to person when working in study groups. (Maybe a buddy or mentoring program.)

Create a chart and list subject areas at the top.

Post the names of student's under the subject that they excel in. Now students know who to approach for assistance.

Leave this information posted year round so students can assist each other with academic studies.

Encourage peer mentoring

Create study groups pairing those with strong skill sets and those needing extra guidance.



Another way to help students be successful is to create study groups based on the information gathered from the goal setting activity.

Create study groups pairing individuals with strong skill sets and those needing extra guidance.

Benefits to students

Academic performance improves.

Increased attendance.

Improved attitudes about school.

Enhanced self-esteem.



Peer mentoring provides students with the following benefits:

Improves academic performance.

Increases attendance.

Improves attitudes about school.

Enhances self-esteem.

Kiwanis
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**For more information contact
Kiwanis International
800-KIWANIS, ext. #411**

Thank you.