



Brain Warm-Ups

Description

This game is a fun game to get students thinking. It encourages participation and energizes the group. It also helps students work together effectively.

Number of participants

10 to 40

Materials

(10) Pencils or pens and (10) pieces of paper

How to play

Break the large group into groups of 5 or less. Provide each group with a sheet of paper and a pen or pencil. Tell the group to assign one person as the secretary. This person will take notes.

Tell the groups they will have 3 minutes to list as many things as possible within a specific category, but first they have to work together as a team and set a goal of how many items they can list for the given topic.

Sample topics:

- Animated Walt Disney movies
- Cartoon characters
- Ice cream flavors
- Comic book titles
- Brand names of blue jeans
- Ice cream flavors
- Brand names of athletic shoes
- Farm animals

Then give the group the okay to begin brainstorming lists of items. The secretary should record all the items on a sheet of paper.

Allow the group 3 minutes to brainstorm and list items. Then stop everyone. Go around the room and ask each group to state their goal, how many items they listed, then ask them to share the most unusual item listed.